

PARENTS AND FAMILY SUPPORT GROUP ON ADDICTION HOSTS KIM RUBENSTEIN SHARING HOW TO BEST FOCUS ON OURSELVES

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What can we do for ourselves while our family members are struggling with substance use disorders or are in recovery. Kim Rubenstein, Executive Director of Be a Part of the Conversation will be the guest speaker at The Parent and Family Support Group on Addiction. The group meets Wednesday, October 19th, 7 pm in the Red Schoolhouse, The Presbyterian Church of Deep Run, (Bedminster Township), Perkasie. Join other parents and family members to learn about focusing on ourselves, what we can do to become stronger parents and work together with our families in dealing with substance use disorders for our loved ones. The Anna Straw Initiative is a resource for both the Family Education Program and The Parent and Family Support Group on Addiction. The website is: annastrawinitiative.org

Kim was named the Executive Director of Be a Part of the Conversation in 2014 and is a Certified Recovery Specialist. Be A Part of the Conversation addresses substance use, misuse and addiction and its impact on individuals and their families by building a culture of awareness and support. Be a Part of the Conversation believes that collaborating with valued and respected organizations is essential to providing the most effective education and support possible. These partners are Caron, Hatboro-Horsham Educational Foundation and The Council of Southeast Pennsylvania, Inc. The website is www.conversation.zone

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